

Child having an asthma attack?

T

Think ?

Any of these signs:

- Coughing
- Wheezing
- Hard to breathe
- Tight chest
- Cannot walk/talk

Send someone to get inhaler and spacer

Stay with the child

Is this an emergency?

I

Intervene +

- Keep calm
- Reassure child
- Sit them up and slightly forward
- Is someone getting inhaler and spacer?
- Administer inhaler
- Note time of using inhaler

Is this an emergency?

M

Medicine

- Use blue inhaler
- Shake inhaler
- Place in spacer
- Spray one puff
- Take five breaths
- Repeat the above up to 10 times if needed
- If no improvement, call an ambulance

Is this an emergency?

E

Emergency 999

- If no improvement, or if you are worried or unsure, call 999
- If ambulance takes longer than 10 mins, **repeat Medicine steps**
- Note time of calling 999

School's postcode

Has child taken their inhaler?

When asthma strikes, it's TIME to act.