

## Year 13 Revision Schedule: HL Psychology

### How to use this schedule:

1. Look at the topic for the day and write down everything you remember about it, including studies (5 mins)
2. Check your notes/Google Classroom to see what you have missed and add to our notes (5 mins)  
You could do parts 1 and 2 as flashcards (10 questions on one side, answers on the other and continue to test yourself following the Leitner method <https://www.pocketprep.com/posts/how-to-use-the-leitner-system-for-studying/>)
3. Practise an SAQ question on that topic or create an essay plan (20 mins)  
*(The next day, test yourself on the previous topic(s) you revised to ensure you are rehearsing your memory of it)*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>w/b 1st January</b>	<b>Research Methods: Experimental design</b>	Techniques to study the brain	Multi Store Model	Social Identity Theory	Formation of personal relationships.	<b>Cognitive Development (Piaget)</b>	Localisation
<b>w/b 8th January</b>	Neuroplasticity	Role of communication in personal relationships.	<b>Cognitive Development (Vygotsky)</b>	Neurotransmitters	Schema Theory	<b>Research Methods: Evaluating experiments</b>	<b>Research methods: Sampling</b>
<b>w/b 15th January</b>	Cooperation and/or competition.	Antagonists/Agonists	Multi Store Model	Explanations for why relationships change or end.	Social Cognitive Theory	Neural networks	Working Memory Model
<b>w/b 22nd January</b>	Neural Pruning	Stereotypes	Biological approach to personal relationships.	Thinking & Decision Making	Inhibitory/Excitatory neurotransmitters	Prejudice and/or discrimination.	<b>Brain Development (plasticity)</b>
<b>w/b 29th January</b>	The origins of conflict and/or conflict resolution.	The Brain & Research Methods	Ethics in Cognitive Processes	Research Methods & Individual & Group	Cognitive approach to personal relationships	Research Methods in Cognitive Processes	The Brain & Ethics
<b>w/b 5th February</b>	Genes	Reconstructive Memory	Biological approach to understanding group dynamics.	Sociocultural approach to personal relationships	<b>Role of peers &amp; play</b>	<b>Genetic Similarities</b>	Ethics & Individual & Group
<b>w/b 12th February</b>	Culture/Cultural Dimensions	Research methods & study of personal relationships.	<b>Evolutionary argument</b>	<b>Childhood trauma</b>	Biases in thinking	Cognitive approach to group dynamics.	<b>Research methods: Observations</b>

w/b 19th February	Influence of emotion on cognition	Genes & Research Methods	Sociocultural approach to group dynamics.	Enculturation	Ethical considerations in the study of personal relationships.	Ethics & reliability of cognitive processes	Genes & Ethics
w/b 26th February	Kinship/Twin Studies	Research methods: Correlations	Childhood resilience	Research methods: Interviews	Research methods used in the study of group dynamics.	Acculturation	Research Methods & reliability of cognitive processes
w/b 4th March	Research Methods & Culture	Ethics & Emotion & Cognition	Pheromones	Ethical considerations in the study of group dynamics.	Research methods: Case studies	Hormones	Ethics & Culture
w/b 11th March	Research Methods & Emotion & Cognition	Hormones/Pheromones & Methods	Globalisation & Culture	Poverty/socioeconomic status	Research methods: ethics	Brain & Behaviour	Hormones/Pheromones & Ethics
w/b 18th March	Animals & The Brain	Cognitive Processes	Effects of technology on cognitive processes	Research methods: Bias, credibility, generalisability	Methods & Globalisation	Animals & Hormones/Pheromones	Individual & The Group
w/b 25th March	Personal Relationships	Genetics	Animals & Genetics	Reliability of Cognition	Research Methods, Technology & Cognitive processes	Culture & behaviour	Ethics & Animals & The Brain
w/b 1st April	Ethics & Animals & Hormones/Pheromones	Group Dynamics	Hormones/Pheromones	Cognitive HL Extension	Ethics & Animals & Genetics	Sociocultural HL Extension	Technology & Emotion & Cognition
w/b 8th April	Brain & Behaviour	Cognitive Processes	Individual & The Group	Personal Relationships	Genetics	Reliability of Cognition	Culture & behaviour
w/b 15th April	Group Dynamics	Hormones/Pheromones	Cognitive HL Extension	Sociocultural HL Extension	Personal Relationships	Biological HL Extension	Developing as a learner
w/b 22nd April	Influences on cognitive and social development	Research Methods & Ethics	Brain & Behaviour	Cognitive Processes	Hormones/Pheromones	Cognitive HL Extension	Sociocultural HL Extension
w/b 29th April	Brain & Behaviour	Cognitive Processes	Individual & The Group	Personal Relationships	Genetics	Reliability of Cognition	Culture & behaviour
w/b 6th May	Group Dynamics	Hormones/Pheromones	Cognitive HL Extension	Sociocultural HL Extension	<b>Paper 1</b>	Relationships	Developmental Psychology
w/b 13th May	<b>Paper 2</b> <b>Paper 3</b>						

**Key:**

<b>Biological Approach</b> Brain & Behaviour Genetics Hormones & Pheromones HL Extension	<b>Cognitive Approach</b> Cognitive processes Reliability of Cognition HL Extension	<b>Sociocultural Approach</b> Individual & The Group Culture & Behaviour HL Extension	<b>Relationships</b> Personal Relationships Group Dynamics	<b>Developmental</b> Developing as a learner Influences on cognitive and social development	<b>Research Methods</b> Question 1 Question 2 (Ethics) Question 3
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